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## travel insurance

In preparation for your Transformation retreat at Ten Thousand Waves, we recommend you purchase travel insurance to cover unforeseen circumstances. Here are some suggestions:

[www.worldnomads.com/usa](http://www.worldnomads.com/usa) offers affordable, basic travel insurance plans. Prices are based on a four-day trip within the continental U.S. for a 20 – 69-year-old U.S. resident.

- **Standard Plan** | \$45.00 - includes \$2.5k trip cancellation and interruption + \$100k emergency medical
- **Explorer Plan** | \$80.00 - includes \$10k trip cancellation and interruption + \$100k emergency medical

[www.generalitravelinsurance.com](http://www.generalitravelinsurance.com) offers three levels of reasonably priced, comprehensive travel insurance. Prices are based on a four-day trip within the continental U.S. for a 50-year-old U.S. resident.

- **Standard Plan** | \$176.00 - 100% trip cancellation and interruption, \$50k medical
- **Premium Plan** | \$204.00 - 150% trip cancellation and interruption, \$150k medical
- **Preferred Plan** | \$235.00 - 175% trip cancellation and interruption, \$250k medical

[www.sevencorners.com](http://www.sevencorners.com) offers comprehensive travel insurance plans, with an optional “cancel for any reason” allowance. Prices are based on a four-day trip within the continental U.S. for a 20 – 69-year-old U.S. resident.

- **Round Trip Basic Plan:** \$200.00 (\$320 65 years+) - includes up to \$30k trip cancellation, 100% trip interruption, \$100k emergency medical
- **Round Trip Choice Plan:** \$280.00 (\$460 65 years+) - includes up to \$100k trip cancellation, 150% trip interruption, \$100k emergency medical
- **Cancel for any reason allowance:** additional cost.

[www.insuremytrip.com](http://www.insuremytrip.com) is a travel insurance search engine, which searches multiple companies' plans, allows you to filter for type of coverage, and sorts results by price per person and consumer ratings.