

## CURRENT OFFERINGS AT TEN THOUSAND WAVES

The Governor of New Mexico has issued a [health order](#) lifting all previous COVID restrictions. Businesses and organizations may now operate at 100% of capacity. Due to the prevalence of the Delta variant, face masks continue to be required for unvaccinated individuals.

We have [hot tub suites](#) with private outdoor bathing, saunas, and private changing rooms open to the public by reservation. Book online [here](#). We no longer offer non-reserved communal bathing. [Click here](#) to learn how this change has enhanced the sense of peace and relaxation at the spa.

[World class massage](#) and [skin care](#) are both available to anyone fully vaccinated for COVID. Complimentary access to the [Grand Bath](#) and private changing rooms is available with each massage. Please call 505-982-9304 to make your reservation.

[izanami](#), our spectacular izakaya restaurant, provides table service indoors, on our open-air patio, and in our outdoor pavilion. Check out our current [menu](#). Book your table [here](#).

Our [lodging](#) offers contactless check-in and check-out if you desire. Each room has complimentary access to the [Grand Bath](#) from 10:00 am - 10:00 pm and priority access to private hot tub suites at a discount. We are a quiet getaway near some of the best hiking and wilderness scenery in New Mexico and only minutes from the National Forest. Book online [here](#).

We are now offering a revolutionary new program called [Transformation](#) combining the beauty and hospitality of our spa with the benefits of neuroscience and psychedelic medicine.

We're here to help you through this phase of the new world order. Read about the [extraordinary measures](#) we have in place to keep you safe. [Subscribe to our newsletter](#) for the latest information.

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