

## The Spa in the Covid era

Ten Thousand Waves is committed to keeping everyone safe—guests and staff alike--by going beyond the latest guidelines given to us by our Governor and the CDC. We offer the same wonderful facilities and service as before the covid era, but there are a few major changes:

**All lodging, hot tubs, massage services, and dinner reservations are by appointment only; we cannot accommodate those without a reservation.**

- Reservation phone lines are open 9am to 4pm daily for spa and 4pm to 9pm daily for izanami dining—call 505-982-9304.

**There is presently a directive from our Governor that all out-of-state visitors must quarantine for 14 days when coming from outside New Mexico.**

For out-of-state guests:

- You may quarantine in our lodgings. This means:
  - Limit your contact with others while in New Mexico
  - Wear a face mask when interacting with others
  - Maintain social distance of 6 feet or more
- We can offer you:
  - Private hot tub suites by appointment
  - Outdoor patio dining or takeout from [izanami](#)
  - Minimal contact with staff in the lodgings for your safety. See details at [lodging](#)

For New Mexico residents or those who have been in the state at least 14 days we also offer [massage therapy](#)—just the thing for our anxious time.

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**Our hours have changed to give us time to deep clean our spa and restaurant each morning.** The spa will be open from 12pm-8pm daily. izanami is open for patio dining and [takeout](#) from 5pm-9pm daily.

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**All massage appointments and soaking areas are fully private.**

- Each private bath has access to its own dedicated shower, toilet, vanity, and changing area.
- Massages will include time to shower and change in the massage room prior to the treatment.
- We regret that we cannot currently provide a communal bathing experience

**We ask that our guests wear facemasks** in public areas, walking on the grounds, during massage treatments, and when interacting with staff or other guests. Our staff will always wear masks to protect you.

**In addition to the emphasis we have always devoted to cleanliness, we now spend additional time sanitizing all public and private areas.**

- Public areas are sanitized every two hours
- Hot tubs, massage rooms, and lodging rooms are fogged with hydrogen peroxide and sanitized after every use.

- We have structured ample decontamination time between guests in lodging, hot tub suites, and massage rooms
- Our prices reflect the extra time and labor for sanitation
- Pristine tub water is assured by a [state-of-the-art sanitation system](#)

**We have set capacity limits throughout the resort to help our guests and staff maintain effective social distancing.**

- Massage is presently limited to 25% of our capacity
- Hot tub and massage appointments are scheduled in 90 minute increments
- At izanami
  - All dining is outdoors
  - All chairs are at least 6 feet distant from any other.
  - We sanitize tables between each turn
  - Parties are limited to a maximum of 6 people
  - We also offer delicious [takeout](#).

We are grateful to the state of New Mexico and Governor Michelle Lujan Grisham for providing clear and effective guidelines so that we can soak and spa safely. We appreciate the patience shown by our guests and our Waves family as we take extra effort to keep everyone safe. We look forward to seeing your masked faces and smiling eyes soon!